

BELMONT PARK WORKOUT TAB (March 18, 2026)

Dirt training - Fast

3F

American Grant g.6	Brown B	11/14/25 AQU SOC 50000/40000 Fin6	:39.91 B
Constant Chaos c.3	Duggan D	09/24/25 FL Msw Fin1	:38.25 B
Linarite m.7	Miceli M	01/16/26 AQU Clm17500cnd Fin2	:38.55 B
***Miss T Magee f.4			:39.95 B
Power of Women f.3	Dutrow, Jr. R	02/12/26 AQU Mcl25000 Fin1	:38.92 B
•Quell f.3	Ribaudo R		:38.22 B
River Tay (IRE) m.6	Brown B	11/16/25 LRL SOC 8000/12500 Fin1	:39.96 B
Sanford Route c.3	Duggan D		:38.68 B
***Starship Astoria f.3	Nevin M		:38.62 B
Whatta Weekend f.3	Duggan D	11/15/25 AQU Mcl50000 Fin4	:39.95 B

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All Bright f.3	Duggan D		:51.65 B
Always Honest g.3	Jimenez J	01/23/26 AQU Mcl40000 Fin4	:51.55 B
Baron of Sealand g.5	Rodriguez R	03/06/26 AQU Aoc45000nw2\$/x-N Fin2	:49.49 B
Bellacose f.4	Englehart J	08/15/25 SAR Aoc45000nw2\$/x-N Fin7	:50.66 B
Beneficence f.3	Pletcher T	02/14/26 GP Msw Fin3	:49.00 B
***Best Bet g.8	Nevin M	02/19/26 AQU SOC 10000/16000-c Fin7	:49.25 B
Blue Roof Beau c.3	Englehart J		:52.01 B
Caramel Chip h.8	Kantarmaci I	02/20/26 OP Clm50000 Fin4	:52.52 B
***Dr. Kraft h.6	Kantarmaci I	02/14/26 AQU SayFLSndyB -135k Fin4	:51.22 B
Enterprisingly f.3	Duggan D		:51.65 B
Felonious c.3	Pletcher T	02/11/26 AQU Msw Fin5	:49.00 B
From Hello m.6	Brown B	11/08/25 LRL SOC 16000/16000 Fin1	:51.25 B
Hello Beauty m.5	Quick P	01/17/26 AQU Alw77000nw1\$/x Fin5	:50.85 B
Into the Unknown f.3	Sells R		:50.65 B
Le Gris g.5	Rodriguez R	03/05/26 AQU Clm100000 Fin2	:49.00 B
•Leftembehind g.6	Rodriguez R	03/06/26 AQU Aoc45000nw2\$/x-N Fin3	:47.80 B

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Mister J T g.8	Grusmark K	02/04/26 AQU Clm10000 Fin7	:48.75 B G
Mo Kreesa g.4	Hennig M	02/20/26 AQU Str35000nw1/x Fin3	:49.80 B
Ohonte's Own g.3	Morley T		:49.00 B
Okay Annie f.3	Duggan D		:49.66 B G
Outsource g.4	Morley T	10/25/25 BAQ MohawkB -200k Fin7	:49.95 B
Paula's a Star f.4	Morley T	08/24/25 SAR Alw110000nw1\$/x Fin5	:49.00 B
***Proud Foot m.8	Dutrow, Jr. R	12/11/25 AQU Clm20000-c Fin2	:48.82 B
Reckless Dancer c.3	Grusmark K		:48.75 B G
Rons Legacy g.3	Gallegos J	02/12/26 TAM Mcl16000-c Fin2	:52.01 B
Royal Empress f.3	Quick P		:50.85 B
Solo Empire g.5	Rodriguez R	03/06/26 AQU Clm20000cnd Fin8	:53.65 B
Timaeus g.6	Rodriguez R	03/05/26 AQU Clm20000 Fin3	:51.66 B
Tiz Improbable f.3	Goberdhan C		:53.53 B
Town Dog c.3	Morley T		:52.55 B
***Violin g.3	Jimenez J	12/12/25 AQU Msw Fin9	:51.55 B

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•Damage c.4	Miceli M	03/28/25 AQU Mcl30000 Fin1	1:02.85 B
•Keep 'Em Honest g.3	Miceli M		1:02.85 B
One Giant Prince c.3	Cox B		1:03.25 B
The Brown Egg c.3	Baker C		1:04.25 B

- - Denotes Fastest work
- *** Denotes Horse On List
- @ Denotes Horse On Hisa Vet List
- %{dam name} - Denotes Unnamed Horse

Summary Dirt training - Fast

Distance	# Of Horses	Fastest Time	Slowest Time	Average Time
3 Furlongs	10	:38.22	:39.96	:39.10
4 Furlongs	31	:47.80	:53.65	:50.55
5 Furlongs	4	1:02.85	1:04.25	1:03.30

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