

BELMONT PARK WORKOUT TAB (January 29, 2026)

Dirt training - Fast

3F					4F				
Derek's Law g.4	Synnefias P	12/31/25 AQU Clm30000cnd Fin2	:37.79 B		Minorinconvenience c.3	Green A	08/27/25 SAR FunnyCideB -150k Fin1	:49.25 B	
Houlihan m.5	Arriaga A	08/09/25 WO Mcl14000(15-14) Fin1	:38.68 B		Monte Avi g.4	Hennig M	12/10/25 AQU Mcl30000 Fin6	:48.00 B	
Latest Edition m.7	Rodriguez R	11/28/25 AQU Clm16000-c Fin3	:38.01 B		Mozambique g.4	Rodriguez R	11/29/25 AQU Alw81000nw1\$/x Fin5	:48.50 B	
Miss Marenga f.3	Levine B		:37.88 B		National Identity c.4	Gargan D	01/04/26 AQU Alw83000nw1\$/x Fin1	:48.66 B	
Paula's a Star f.4	Morley T	08/24/25 SAR Alw110000nw1\$/x Fin5	:37.00 B		Next On Stage m.5	Handal R	01/04/26 AQU Aoc50000nw1\$/x-N Fin5	:50.42 B	
***Re Markably c.4	Synnefias P	12/31/25 AQU Clm30000cnd-c Fin1	:37.25 B		On Command m.5	Green A	06/05/25 SAR IntcntntG2 -200k Fin8	:49.51 B	
•Sergeant Capps c.4	Synnefias P	12/27/25 AQU Clm30000cnd-c Fin1	:36.75 B		Patty Cakes m.7	Rodriguez G	12/28/25 SAR SOC 20000/32000-c Fin6	:52.00 B	
Shootersgottashoot g.4	Synnefias P	12/06/25 LRL Clm32000(40-32)cnd Fin5	:36.98 B		***Pionus f.4	Barrera III O	08/17/25 SAR Msw Fin7	:49.50 B	
					Pistol Liz Ablazen m.7	Rodriguez G	12/28/25 AQU SOC 20000 - N Fin4	:52.00 B	
					Plex g.4		05/17/25 GP Mcl12500 Fin6	:49.01 B G	
					***Quick Power Nap m.7	Rodriguez R	11/09/25 AQU Alw81000nw1\$/x Fin4	:48.42 B	
					Quick to Accuse h.6	Synnefias P	12/26/25 AQU AlexMRobbB -125k Fin2	:48.77 B	
					***Radio Red h.6	Gargan D	06/07/25 SAR Aoc75000nw2\$/x-N Fin8	:50.25 B	
					Raghba f.4	Pletcher T	01/15/26 AQU Msw Fin2	:49.95 B	
					Redacted c.4	Synnefias P	01/01/26 AQU Str50000nw1/x Fin7	:48.85 B	
					•Rina's Revenge f.3	McPeek K	12/12/25 AQU Alw81000nw1\$/x Fin1	:47.60 B G	
					Roman Grace m.5	Green A	11/15/26 AQU Aoc50000nw1\$/x-N Fin3	:49.51 B	
					Romeo Void g.4	Green A	01/04/26 AQU Mcl35000 Fin1	:49.25 B	
					Rose Lisa f.3	Abreu J	01/03/26 AQU Mcl40000 Fin1	:51.89 B	
					Russian Realm g.5	Gargan D	01/03/26 AQU Alw83000nw1\$/x Fin1	:48.66 B	
					Shakin Loose g.5	Synnefias P	12/11/25 PEN SOC 5000 - N Fin5	:49.00 B	
					Signifying Nothing f.4	D'Alessandro R	11/04/25 FL Alw26500nw2/L Fin9	:50.30 B	
					Solo Empire g.5	Rodriguez R	12/13/25 AQU Clm17500nw3/L Fin9	:49.62 B	
					Solo Flight g.5	D'Alessandro R	11/03/25 FL Msw Fin6	:47.81 B	
					Sweet Brown Sugar m.5	Barrow P	04/06/25 AQU BiogosRosB -125k Fin2	:47.80 B G	
					Swiss Army Knife c.3	Pletcher T	11/02/25 BAQ Msw Fin4	:48.75 B	
					***Tapizar's Temper g.4	Sells R	12/13/25 GP Clm8000nw3/L Fin8	:48.65 B	
					Tavern Talk f.3			:51.00 B G	
					Top Gun Rocket h.5	Synnefias P	12/27/25 AQU Aoc75000nw2\$/x-N Fin5	:48.07 B	
					***Truda f.3	Barrera III O		:49.50 B	
					Unbridled Bomber g.7	Barrera III O	01/02/26 AQU Clm10000 Fin4	:48.00 B	
					Vino Samara f.4	Hennig M	12/26/25 AQU Str50000nw1/x Fin8	:50.25 B	
					***Waitin'onasunnyday g.3	Kimmel J	12/10/25 AQU Moc75000cnd-N Fin7	:49.63 B	
					5F				
					Barbour County f.3	Sharp J		1:03.85 B	
					Blue Authenticity f.3	Clement M		1:03.69 B	
					Ciccibello g.7	Barrera III O	01/10/26 AQU Clm35000 Fin2	1:02.65 B	
					•Easy Decision c.3	Pletcher T		1:01.50 B	
					Emergency Nine f.3	Clement M		1:03.69 B	
					Exhibition Only c.3	Rodriguez R	11/12/25 AQU Moc75000cnd Fin2	1:03.26 B	
					Military Road g.5	Clement M	12/26/25 AQU Aoc50000nw1\$/x-N Fin7	1:02.86 B	
					Mr. Ripple g.6	Clement M	01/10/26 AQU Clm30000 Fin5	1:02.86 B	
					Tangaray Cruiser f.3	Sharp J		1:03.85 B	
					Timeaeus g.6	Rodriguez R	12/13/25 AQU Str50000nw1/x Fin5	1:02.70 B	
					•Who's Your Zaddy c.3	Green A		1:01.50 B	

• - Denotes Fastest work
*** Denotes Horse On List
Ⓜ Denotes Horse On Hisa Vet List
%{dam name} - Denotes Unnamed Horse

Summary				
Dirt training - Fast				
Distance	# Of Horses	Fastest Time	Slowest Time	Average Time
3 Furlongs	8	:36.75	:38.68	:37.54
4 Furlongs	76	:47.60	:52.25	:49.65
5 Furlongs	11	1:01.50	1:03.85	1:02.94

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